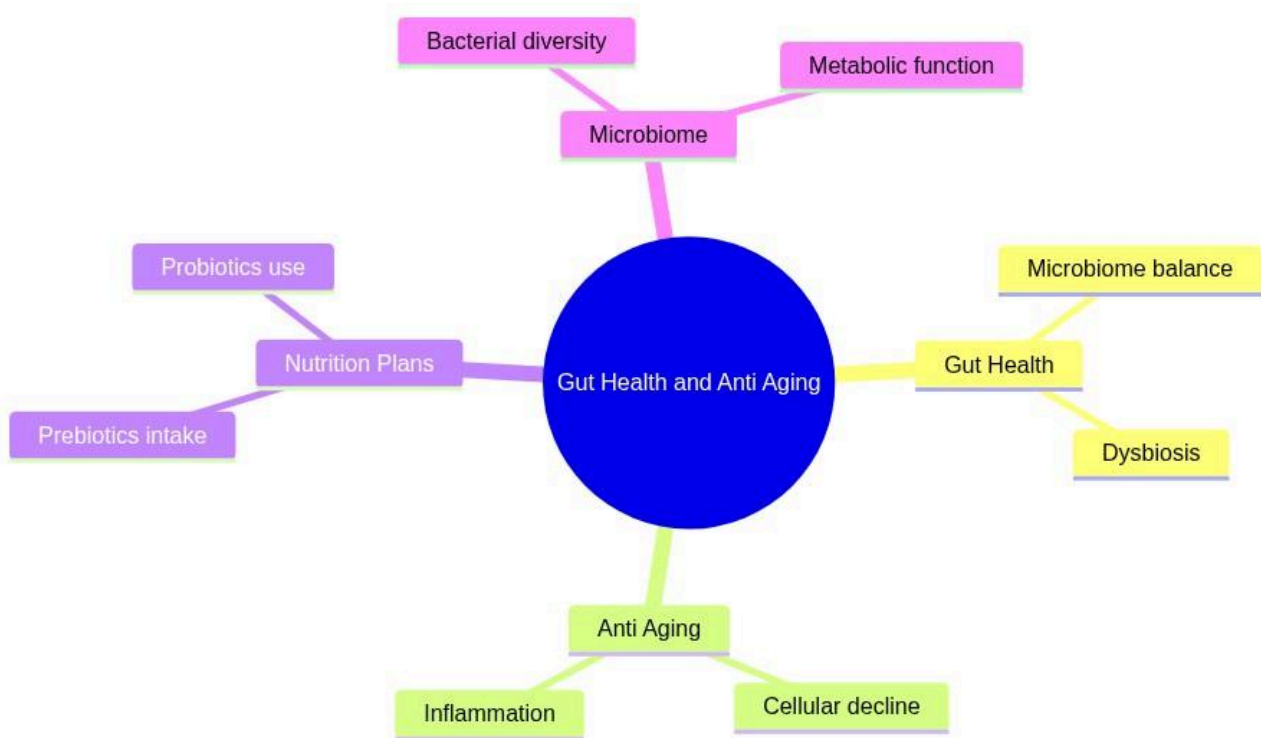


Graduate Certificate in Anti-Aging Nutrition (Serbia)

Gut Health and Anti-Aging



mindmap

```
root((Gut Health and Anti Aging))
  Gut Health
    Microbiome balance
    Dysbiosis
  Anti Aging
    Cellular decline
    Inflammation
  Nutrition Plans
    Prebiotics intake
    Probiotics use
  Microbiome
    Bacterial diversity
    Metabolic function
```