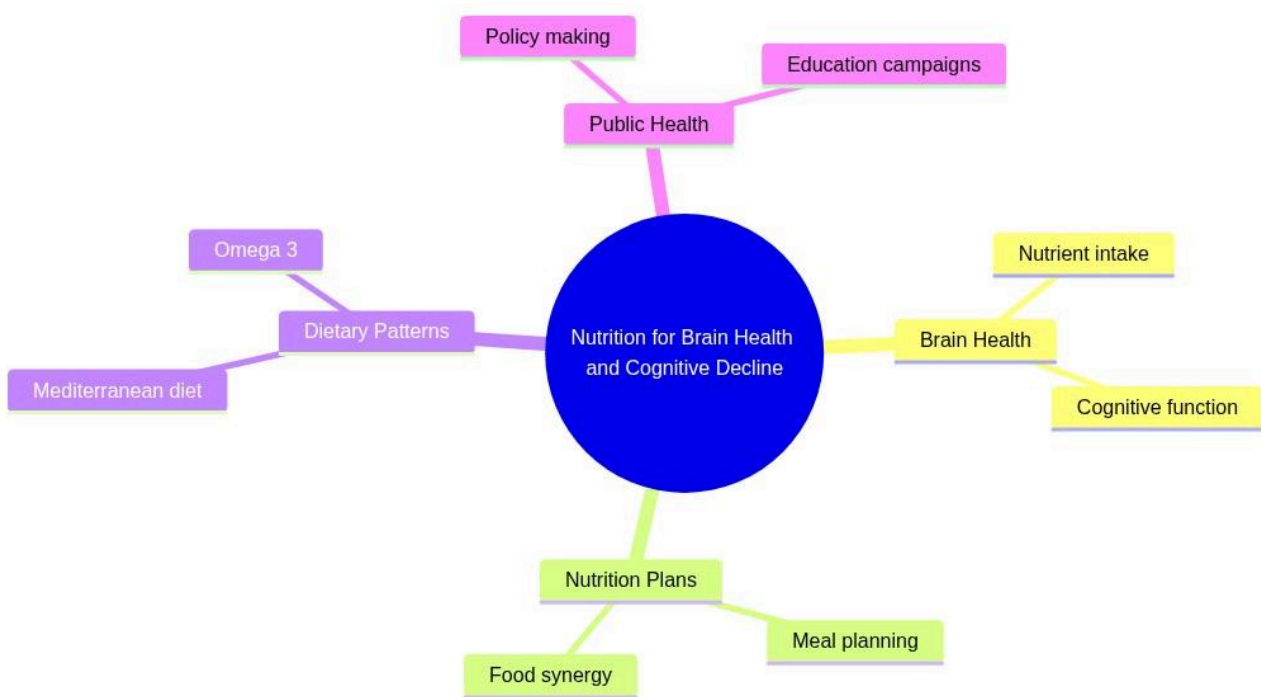


Graduate Certificate in Anti-Aging Nutrition (Serbia)

Nutrition for Brain Health and Cognitive Decline



mindmap

root((Nutrition for Brain Health and Cognitive Decline))

- Brain Health
 - Nutrient intake
 - Cognitive function
- Nutrition Plans
 - Meal planning
 - Food synergy
- Dietary Patterns
 - Mediterranean diet
 - Omega 3
- Public Health
 - Policy making
 - Education campaigns