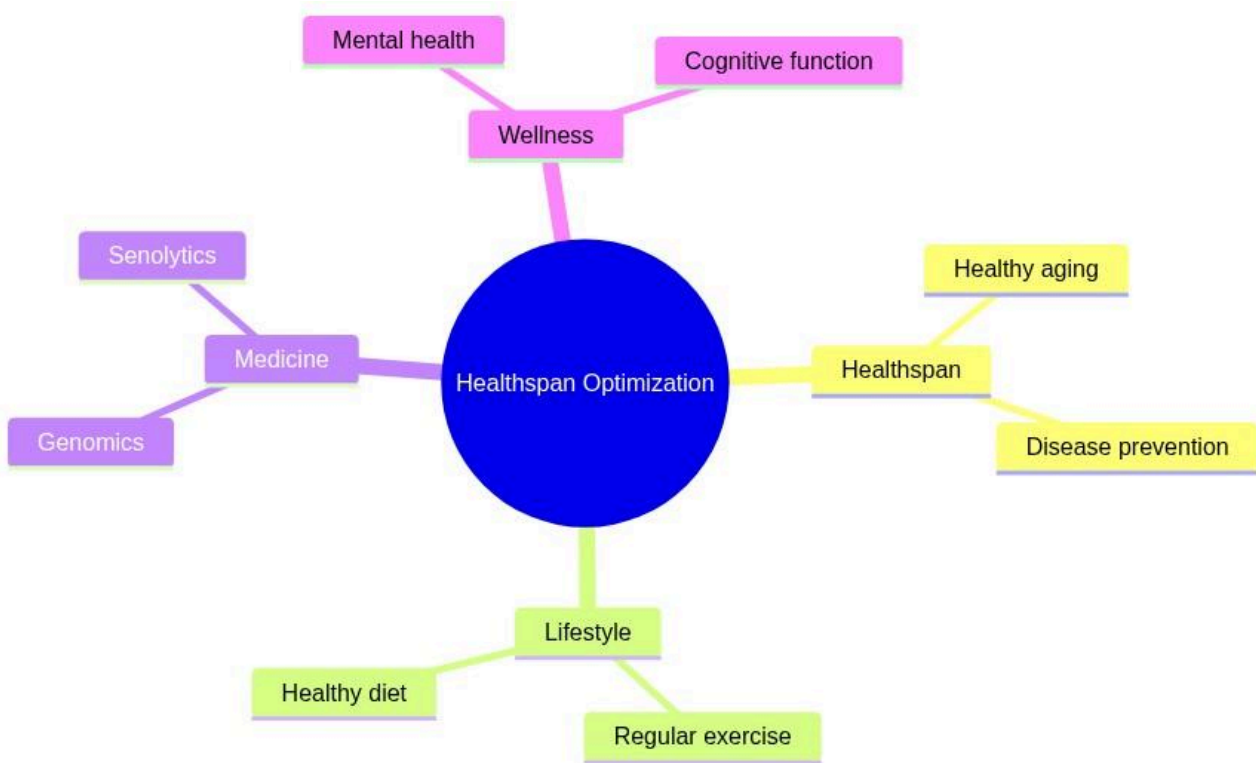


Longevity Health

Healthspan Optimization



mindmap

```
root((Healthspan Optimization))
  Healthspan
    Healthy aging
    Disease prevention
  Lifestyle
    Healthy diet
    Regular exercise
  Medicine
    Genomics
    Senolytics
  Wellness
    Mental health
```

Cognitive function